

Ask 3 Questions

There may be choices to make about your healthcare.

Make sure you get the answers to these three questions:*

What are my choices?

How do I get support to help me make a decision that is right for me? What is **good** and **bad** about each choice?





Your healthcare team needs you to tell them what is important to you. It's about shared decision making.

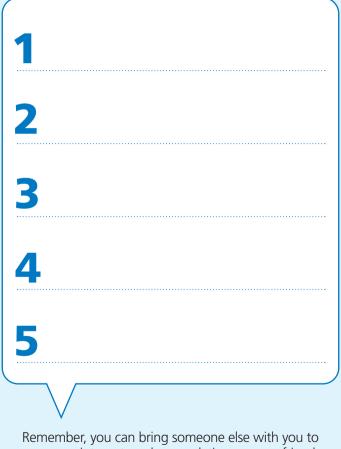


Right Care Shared Decision Makin Programme *Ask 3 Questions has been adapted with kind permission from the MAGIC programme, supported by the Health Foundation. Ask 3 Questions is based on Shepherd HL, et al. Three questions that parents can ask to improve the quality of information physicians give about teatment options. A cross-over trial. Patient education and Courselling, 2011;84: 379-851





Other questions I would like to ask during my appointment:



your appointment, such as a relative, carer or friend.