

Patient information factsheet

Please use your call bell

We've given you this factsheet because you may be at risk of having a fall in hospital. We encourage you to use a call bell if you cannot move safely on your own and need assistance from staff.

There is a call bell or pull cord by every bedside and in every bathroom and toilet around the hospital. When you press or pull the call bell, a member of staff will come to help you as soon as they can.

Press and call. Don't fall.

Use the nearest call bell if:

- you need help to move
- you need help going to the toilet
- you need help getting in or out of your bed
- you feel unwell and want to alert staff
- there is something you need that is out of your reach

Please don't ever feel that you can't or shouldn't use your call bell. We are here to help you stay safe during your time in hospital.

We will always respect your privacy, dignity and independence so this shouldn't stop you from using your call bell to ask for help.

Falls in hospital

Falls are very common in hospital. They can lead to complications and a longer stay in hospital. You can help us to prevent falls by using your call bell when you need to.

Contact us

For more information about falls, please speak to a member of staff on the ward.

If you are a patient at one of our hospitals and need this document translated, or in another format such as easy read, large print, Braille or audio, please telephone **0800 484 0135** or email **patientsupport@uhs.nhs.uk**

For help preparing for your visit, arranging an interpreter or accessing the hospital, please visit **www.uhs.nhs.uk/additionalsupport**