

Patient information factsheet

Interstitial lung disease (ILD) clinical nurse specialist team

Your doctor has referred you to the interstitial lung disease (ILD) clinical nurse specialist team. This factsheet explains who we are and how we can support you throughout your care. If you have any questions or concerns, please contact us using the details at the end of this factsheet.

Who are we?

The ILD clinical nurse specialist team is based at Southampton General Hospital. We are part of the wider team of healthcare professionals involved in your care. We have expert knowledge and experience in supporting people with ILDs (rare conditions that cause inflammation and scarring of the lung), including:

- idiopathic pulmonary fibrosis
- other types of progressive pulmonary fibrosis
- sarcoidosis

What support can we offer?

We can support you by:

- giving advice and support after your diagnosis and throughout your treatment
- assessing and addressing your needs and concerns
- providing you with current and up-to-date information about ILD and its treatment
- giving you information and contact details of other services and support groups
- providing you and your family with emotional support
- talking to other healthcare professionals and services to make sure you receive the right care at the right time

What happens next?

If required, we will offer you an appointment with a member of our ILD clinical nurse specialist team to discuss your ongoing care needs. Depending on the nature of the review, this may be a face-to-face or telephone appointment. You will receive a letter outlining the details of your appointment. If you are scheduled to have a face-to-face appointment, this will be held at The Respiratory Centre (TRC), D level, West Wing, Southampton General Hospital.

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Contact us

If you have any further questions or concerns, please contact us.

ILD clinical nurse specialist team

Telephone: **023 8120 6277** (Monday to Friday, 8am to 4pm, excluding bank holidays)

Email: ILDclinical@uhs.nhs.uk

If we are unable to answer your call, please leave a message on our answerphone and we will try to return your call within two working days.

Please note that we are **not** an emergency service. If you need urgent help, contact your general practitioner (GP) or call NHS **111**. In an emergency, call **999** for an ambulance.

Useful links

University Hospital Southampton NHS Foundation Trust

Website: www.uhs.nhs.uk/departments/respiratory/interstitial-lung-disease

Asthma and Lung UK

Support line: **0300 222 5800**

Email: info@actionpf.org

Website: www.asthmaandlung.org.uk

Action for Pulmonary Fibrosis

Support line: **01223 785725**

Email: helpline@asthmaandlung.org.uk

Website: www.actionpf.org

W.I.L.D Support - Wessex Interstitial Lung Disease Support Group

Website: www.wildsupport.co.uk

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For help preparing for your visit, arranging an interpreter or accessing the hospital, please visit www.uhs.nhs.uk/additionalsupport

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