

Welcome to E2 ward



Easy read information for patients, families and carers





Welcome to ward E2

We are experts in problems affecting the heart.



Our ward is Learning Disability and Autism-friendly.

We will do our best to make reasonable adjustments to meet your needs.

The traffic light is the hospital symbol for learning disability.

You may see this symbol on your Hospital passport 'This is me' booklet.





We have 17 beds.



4 side rooms.



We have a kitchen.

Patients, families and carers can use this area to prep meals or make a cup of tea.



This is our lounge area.

You can use this area to spend time with your friends, families, or carer.



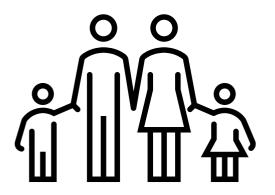
We have a TV with DVD player, Xbox and a CD player for you to use.



We can provide sensory equipment such as:

- ear defenders
- light projector
- coloring
- games
- music

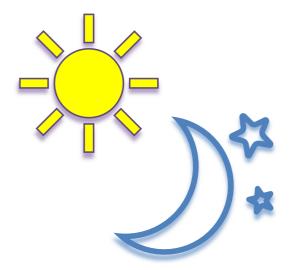
If you have sensory equipment at home that helps you, you can bring it in.



You can have a person stay with you.

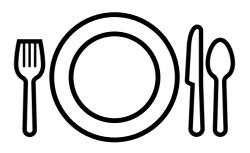
This might be:

- a parent
- family member
- carer
- partner



They can stay day and night, if required.





Mealtimes



Breakfast 8am to 9am



• Lunch 12 noon to 1pm.



Dinner 5pm to 6pm.



We would like you to rest at the times below:



Rest time From 2pm to 3pm.



We have toiletries and towels on the ward.



You can bring in your own supply if you like.





Ward E2 was funded by the Wessex Heartbeat charity

If your family member, partner or carer requires accommodation, Heartbeat House is available.

Ask any staff nurses and they will be able to help you.





Contact details

E2 ward
University Hospital
Southampton
Tremona Road
Southampton
SO16 6YD



E2 ward Telephone: 023 8120 6473





Learning Disability team contact details:

Telephone: 07464923263

Email: LDA@uhs.nhs.uk





Our PALS Service, helps with any concerns or complaints.



Email:

pals@uhs.nhs.uk



Telephone: 023 8120 6325



Write to:

Patient advice and liaison service (PALS), Mailpoint 81 Southampton General Hospital, Tremona Road, SO16 6YD



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