

Easy read information

Having a food pipe pressure test



This factsheet explains what a food pipe pressure test is so you know what to expect.



The food pipe is a long tube that connects your mouth to your tummy.



The food and drinks you have go down your food pipe into your tummy.



If your food pipe doesn't work as it should you may have problems swallowing food and drinks.



A food pipe pressure test can help your doctor to see if your food pipe is working as it should.



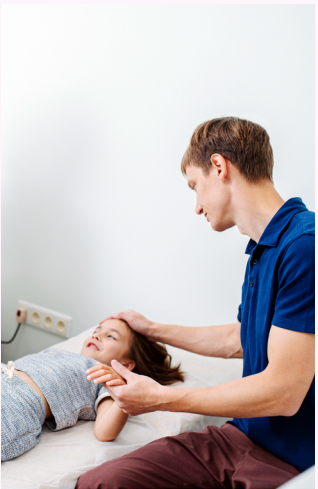
You can't eat or drink anything on the morning of the test.



You will need to come into hospital for the test.



You will be awake for the test.



Your parent or guardian will stay with you for the test.



The test will be done in a treatment room.



We will ask you to either sit or lie down on a couch.



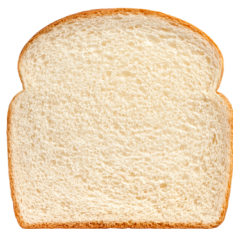
We will put a thin bendy tube up your nose.



This may make you sneeze or cough.



We will then pass the tube down your throat into your tummy.



When the tube is in the correct place we will give you something to eat and drink.



The tube has lots of sensors in it to measure what your food pipe is doing when you swallow.



The information that the sensors record will be sent to a computer.



When the test is finished we will remove the tube.



If you don't have any other tests planned you can go home and can eat and drink as normal.



We will send your test results to your doctor who will explain what happens next.



Please ask us if you have any questions or are worried about anything.

Tell us about your child's needs

Don't forget to tell us if your child needs extra support before their appointment. You can do this by:

- calling our gastrointestinal (GI) physiology team on telephone: **023 8120 4132** (Monday to Friday, 8am to 4pm)
- emailing: accessible@uhs.nhs.uk

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